RAFL/M COVID UPDATES (16 Nov 22)

Red text = updated info

COVID Prevention

- Monitor for symptoms of COVID-19. Stay home if sick & call MDG (01638 52 8010/226-8010) for evaluation
- As of 15 Sept 2022, the 48 FW published updated installation COVID directives.
- Some may have no symptoms & can spread it without realizing it. Critical to:
    - Wear high quality mask IAW installation COVID directives (required in healthcare facilities on RAFL/M)
    - Comply with isolation & quarantine rules & directions (as stated in installation COVID Directives)
    - CDC COVID Community Level on RAFL/M is LOW/GREEN, due to our current case rate (see slide #2)
    - Those that completed their primary series (first two shots of Pfizer/Moderna/Novavax or single shot of J&J) are considered **Fully Vaccinated**
    - Those that completed their primary series more than two months ago, are recommended to receive one bivalent mRNA booster dose. Once a booster dose is received, a person is considered **"up-to-date"**
    - Schedule at https://informatics-stage.health.mil/COVAX/.
        - See COVID vaccine FAQs.
    - Follow travel safety guidance & plan travel w/risk assessments.

UK Updates

- Tri-county area case rates continue to decrease.
- Visit https://coronavirus.data.gov.uk/ for latest case, hospitalization & death statistics, as well as a map displaying COVID activity level.

Area	(7 day case rate per 100K) / Trend (% Change from prev week)	CDC Community Level	Hotspots
Scotland	50 ↘ - 11%		N/A
Wales	14 ↘ - 39%		N/A
N Ireland	109 → 0%		N/A
England	49 ↘ - 46%		N/A
East of England	51 ↘ - 49%	Low	N/A
Norfolk	50 ↘ - 51%		N/A
Suffolk	49 ↘ - 55%		N/A
Cambridgeshire	48 ↘ - 51%		N/A

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CDC Community Levels

Low	Medium	High
• Stay up to date with COVID-19 vaccines • Get tested if you have symptoms	• If you are at high risk for severe illness, talk to your healthcare provider about whether you need to wear a mask and take other precautions • Stay up to date with COVID-19 vaccines • Get tested if you have symptoms	• Wear a mask indoors in public • Stay up to date with COVID-19 vaccines • Get tested if you have symptoms • Additional precautions may be needed for people at high risk for severe illness

People may choose to mask at any time. People with symptoms, a positive test, or exposure to someone with COVID-19 should wear a mask.

Consult installation COVID directives for mask wear requirements on installations.